

30th Anniversary
JUMP
ROPE FOR HEART

2008-2009

All students will receive a certificate and sticker!

FUN!
EASY!
SAFE!

Raise Money Online!

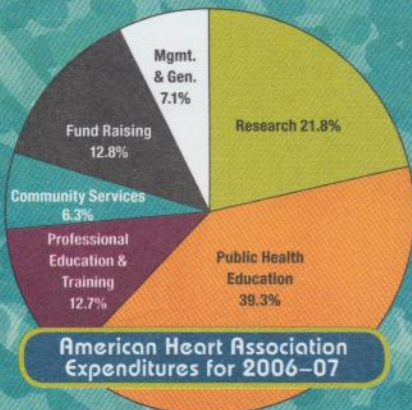
See the back for detailed instructions!

Raise \$50 to earn the official event T-shirt!

Raise \$150+ and you could win a trip to Walt Disney World® in Orlando, Florida!

The drawing for the free trip for four will be held on July 14, 2009. There will be 8 national winners.

Your local office will notify winners. Void where prohibited. Some restrictions may apply. Funds raised are used to fight heart disease and stroke. Sunflower Marketing, Inc., Topeka, Kansas, is a national vendor for Jump Rope For Heart and pays for the Disney World trip.



Presented nationally by:

SUBWAY
eat fresh.

SUBWAY is a registered trademark of Doctor's Associates Inc.



American Alliance for Health, Physical Education, Recreation and Dance

American Heart Association
Learn and Live



Thank-You Gifts

All thank-you gift categories include gifts from previous levels.

<p>1</p> <p>\$5 to \$14.99</p>  <p>Water Bottle</p>	<p>2</p> <p>\$15 to \$29.99</p>  <p>Plus Gift 1 Jump Rope</p>
<p>3</p> <p>\$30 to \$49.99</p>  <p>Plus Gifts 1-2 ZeeBeez</p>	<p>4</p> <p>\$50 to \$74.99</p>  <p>Plus Gifts 1-3 T-shirt</p>
<p>5</p> <p>\$75 to \$124.99</p>  <p>Plus Gifts 1-4 Parachute Ball Jr.</p>	<p>6</p> <p>\$125 to \$199.99</p>  <p>Plus Gifts 1-5 High Fly Disc Shooter</p>
<p>7</p> <p>\$200 to \$299.99</p>  <p>Plus Gifts 1-6 Punch Paddles</p>	<p>8</p> <p>\$300 to \$499.99</p>  <p>Plus Gifts 1-7 Blast Off</p>
<p>9</p> <p>\$500 to \$999.99</p>  <p>Plus Gifts 1-8 RC Basketball</p>	<p>10</p> <p>\$1,000 to \$2,999.99</p>  <p>Plus Gifts 1-9 Mini Pungo</p> <p><small>Safety wear recommended but not included.</small></p>
<p>11</p> <p>\$3,000 to \$4,999.99</p>  <p>Plus Gifts 1-10 Dance Dance Revolution</p>	<p>12</p> <p>\$5,000 or more</p>  <p>Plus Gifts 1-11 Wii</p>